

## COVID-19 Precautions

We hope you and your families continue to stay well and safe.

We appreciate your adherence to Maryland's most up to date COVID-19 guidelines for the safety and wellbeing of other patients, physicians, and staff. Current Maryland COVID-19 guidelines can be found at [governor.maryland.gov](http://governor.maryland.gov) under COVID-19 Pandemic: Orders and Guidance.

If you are experiencing any of the following related COVID-19 symptoms, please stay home and we will reschedule your appointment.

- Fever above 100.4 or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

### GBMC Guidelines

- You will be required to wear a face mask at all times while in the building.
- Only 1 visitor per patient
- No one under the age of 18 allowed, unless they are the patient
- No pets or comfort animals permitted – service animals only
- Friends and family are not allowed to enter the GBMC hospital buildings (lobby, common areas, chapels, cafeteria, bank, or other areas within the hospital or campus)

### At your appointment

- All patients and visitors will be screened upon arrival on contact, and symptom history.
- All patients and visitors will have their temperature checked with a contact-less thermometer upon arrival.
- Hand sanitizer is available throughout the office.

### To ensure that your visit to our offices is safe, Retina Specialists continues to take the following precautions:

- Offer contact-less check in
- Limit the number of people in the clinic at one time
- Require face masks and temperature checks for all patients and staff
- Arranged waiting areas for social distancing
- Enhanced cleaning of exam rooms and equipment before and after each patient
- Frequently deep clean common spaces

Thank you for your continued support.